Wondering how to fit a helmet? Check out the chart!

To find a player's correct head size, measure the circumference of the player's head above the ears and apply the size chart.

Kid's Sizes

Helmet Size	Small	Regular	Large
Circumference	201/4" – 203/4"	21" – 22"	221/4" – 221/4"
Hat Size	6 5/8" – 6 1/4"	6 3/8" – 6 7/8"	7" – 7 ⅛"

Adult Sizes

Helmet Size	Small	Medium	Large	X Large
Circumference	21 ¼" – 21 ¾"	22" – 22 ½"	22 ¾" – 23 ¼"	23 ¼" – 24"
Hat Size	6 5/8" – 6 ¾"	6 7/8" – 7 1/8"	7 ¼" – 7 3/8"	7 ½" – 7 5/8"